

Weekly Timetable



<p><u>Tuesday</u></p> <p>5pm - 6pm Shaolin Kung Fu (Children All)</p> <p>6pm - 7pm Weapons & Acrobatics (All)</p> <p>7pm - 8pm Tai Chi & Qigong (All)</p> <p>8pm - 9pm Shaolin Kung Fu (Adult)</p>	<p><u>Wednesday</u></p> <p>5pm - 6pm Shaolin Kung Fu (Children All)</p> <p>6pm - 7pm Weapons & Acrobatics (All)</p> <p>7pm - 8pm Shaolin Kung Fu (Adult)</p> <p>8pm - 9pm Sanshou Chinese Kickboxing (All)</p>
<p><u>Thursday</u></p> <p>5pm - 6pm Shaolin Kung Fu (Children All)</p> <p>6pm - 7pm Weapons & Acrobatics (All)</p> <p>7pm - 8pm Tai Chi & Qigong (All)</p> <p>8pm - 9pm Shaolin Kung Fu (Adult)</p>	<p><u>Monday & Friday</u></p> <p>SCHOOL CLOSED</p>
<p><u>Saturday</u></p> <p>10am - 11am Tai Chi & Qigong (All)</p> <p>11am - 12pm Tai Chi & Weapons (Advanced)</p> <p>12pm - 1pm Shaolin Kung Fu (All)</p> <p>1pm - 2pm Weapons & Acrobatics (All)</p> <p>2pm - 3pm Sanshou Chinese Kickboxing (All)</p>	<p><u>Sunday</u></p> <p>10am - 11am Tai Chi & Qigong (All)</p> <p>11am - 12pm Tai Chi & Weapons (Advanced)</p> <p>12pm - 1pm Shaolin Kung Fu (All)</p> <p>1pm - 2pm Weapons & Acrobatics (All)</p> <p>2pm - 3pm Sanshou Chinese Kickboxing (All)</p>

All = All levels, beginner to advanced students welcome.